metic creams and lotions, were applied to the faces of seven human volunteers. A measured amount (2 grams) of each material was applied by the subjects. Formula 1 was applied to the right side of the face and Formula 2 was applied to the left side. (center line was the bridge of the nose). Each subject was examined for signs and symptoms of irritation and inflammation after one hour on both sides of the face. The ingredients and approximate amounts of the ingredients used are listed below.

TABLE 7

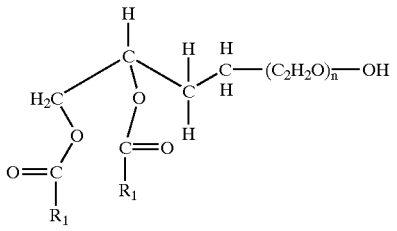
Formula 1		Formula 2	
Purified water	95%	Purified water	85%
Salicylic Acid	5%	Salicylic acid	5%
PEG-23 Glyceryl Dimyristate	0%	PEG-23 Glyceryl Dimyristate	10%

The left side of the face in all subjects showed little, or no signs of irritation and inflammation, while the right side showed redness, inflamed areas, roughness and raised areas. After two hours the left side had no further signs of irritation while the right side maintained the existing signs and symptoms.

While a number of embodiments of the invention have been described, it is apparent that the methods and compounds of the invention described may be modified to provide other embodiments of the invention. Therefore, the scope of this invention is to be defined by the appended claims rather than by the specific embodiments, which have been presented by way of example.

What is claimed is:

1. A method for treating an inflammation related condition in a mammal comprising the step of administering an effective amount of a composition of matter comprising one or more lipids having the formula



Wherein R_1 is a long chain fatty acid between 11 and 25 carbons in length, R_2 is a long chain fatty between 11 and 25 carbons in length, and wherein the variable "n" is an integer between 11 and 46.

2. The method of claim **1**, wherein said composition of matter is a pharmaceutical composition further comprising a pharmaceutically acceptable carrier.

3. The method of claim **1**, wherein said composition of matter is a foodstuff.

4. The method of claim **1**, wherein said composition of matter is a dietary supplement.

5. The method of claim **1**, wherein said composition of matter is a cosmetic.

6. The method of claim **2**, wherein the inflammation related condition is selected from the group consisting of: rheumatoid arthritis, osteoarthritis, psoriasis, monoarthritis, gout, collagen vascular disease, pancreatitis, peritonitis, sepsis and shock, renal failure, atopic dermititus, and inflammatory skin conditions.

7. The method of claim **3**, wherein the inflammation related condition is selected from the group consisting of: rheumatoid arthritis, osteoarthritis, psoriasis, monoarthritis, gout, collagen vascular disease, pancreatitis, peritonitis, sepsis and shock, renal failure, atopic dermititus, and inflammatory skin conditions.

8. The method of claim **4**, wherein the inflammation related condition is selected from the group consisting of: rheumatoid arthritis, osteoarthritis, psoriasis, monoarthritis, gout, collagen vascular disease, pancreatitis, peritonitis, sepsis and shock, renal failure, atopic dermititus, and inflammatory skin conditions.

9. The method of claim **2**, wherein said pharmaceutical composition comprises a delivery form selected from the group consisting of: a tablet, a capsule, a syrup, a dragee, a suspension, an elixer, a solution, a powder, granules, an emulsion, microspheres, nanospheres, lipid vesicles, polymeric vesicles, an injectable, an ointment, a cream, a milk, an impregnated pad, a gel, a spray, and a lotion.

10. The method of claim **5**, further comprising a delivery form selected from the group consisting of an ointment, a cream, a milk, an impregnated pad, a gel, a spray, and a lotion.

11. The composition of matter of claim **1**, wherein said one or more lipids comprise 0.1% to 10% of the composition of matter by volume.

12. The method of claim **2**, wherein said pharmaceutical composition is adapted for topical administration.

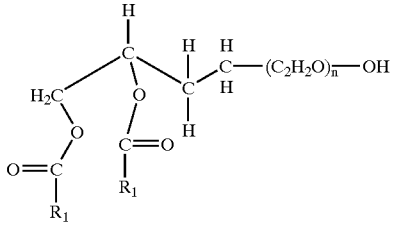
13. The composition of matter of claim **12**, consisting essentially of:

Purified water	50.00% to 80.00%
Isopropyl myristate	.50% to 5.00%
Caprylic/Capric Triglycerides	.50% to 5.00%
Dimethicone	.30% to 3.00%
Cyclomethicone	.60% to 6.00%
Tocopheryl Acetate	.08% to .75%
Stearly Alcohol	1.50% to 15.00%
PEG-23 Glyceryl Dipalmitate	1.50% to 15.00%
Cholesterol	.05% to .30%
BHT	.05% to .30%
Uniphen-23	.50% to 5.00%
PEG-100 Stearate	.60% to 6.00%
Glyceryl Stearate	.60% to 6.00%
Retinyl Palmitate	.30% to 3.00%
Imidurea	.10% to 1.00%.

14. The composition of matter of claim **2**, adapted for systemic administration.

15. The composition of matter of claim **1**, wherein said compound is incorporated into a liposome.

16. A lipid compound represented by the formula



wherein R_1 is a long chain fatty acid, R_2 is a long chain fatty chain between 11 and 25 carbons in length, and wherein the variable "n" is an integer between 11 and 46, and

wherein said compound is characterized by the ability to inhibit biological activity of phospholipase A_2.

17. The compound of claim **16**, wherein said compound is further characterized by the ability to inhibit biological